

Weekly Bulletin

July 7, 2016

Aussie Exchange

Initiated in 1986, the Australian exchange program is a reciprocal work exchange program that provides Nova Scotia Lifeguard Service staff with the opportunity to lifeguard in Wollongong, Australia. Each year, a NSLS lifeguard will work during the Aussie summer holidays from mid-December to the end of January. Then an Australian lifeguard works during July and August on Nova Scotian beaches.

All applicants must include a one-page letter indicating the reasons they should be selected

Applicants must also complete Wollongong City Council's standard fitness testing:

- One-mile run in less than 6:30
 - 800 m pool swim in less than 12:00
- Other criteria considered for selection:
- Ability to obtain a valid passport and Australian visa
 - Willingness to pay for transportation (approx. \$2000)
 - Experience working in surf combined with good fitness skills
 - Ability to adapt to new lifeguarding methodology and techniques
 - Ability to be an ambassador for the NSLS

Applications **must** be received by the NSLS Office.

Email: paul.deon@nsls.ns.ca

Deadline:

September 5, 2016

5 p.m. ADT

Only Open to NSLS Staff

Pay Deductions

Hopefully you all noticed the pay stubs in your email inbox after training camp.

You will begin to notice equipment deductions off your pay over the next couple of pay periods from personal equipment you purchased through the order form. I will try and keep deductions under \$100 per pay period, but may go slightly over in some cases. If you have any questions do not hesitate to email me.

Hope everyone is having a great start to the summer!

-Sara

Volunteers Needed

Brigaswim— Sunday, July 24
at Halifax Harbour

St. Peters Canal Swim—Saturday,
August 6th at St. Peters Canal

Email Julian if you are available to help out (Julian.zou@dal.ca)

Lifesaving Sport Series

Round 1 of the Lifesaving Sport Series is on **July 20th** at Point Michaud with events starting at 1pm.

Registration for this is available on the NSLS Facebook page as well as the website.

The 2016 Canadian Surf Lifesaving Championships are at Parlee Beach this year (**Aug 26-28**). More information as well as registration will be coming in the next few weeks!

#NSLSProblems is Back!!

For the rest of the season, we want to hear your #NSLSProblems.

Text Makayla at (902) 890-4247 with your #NSLSProblems, and they'll be tweeted from @NSLlifeguard



Training Camp Photos will be posted on the NSLS Facebook page in the near future

